

Innovative Practice of the institution

Annual Sports Meet

1. Title of the Practice: Annual Sports Meet

Duration: (Year of Inception - Year of Discontinuation):

Year of Inception: 2014


Year of Discontinuation: Still continue

2. Goals:

- To enhance the physical activities among the students.
- To develop sense of victory and defeat among the pupil teacher.
- To evolve sense of co-operation and team spirit.
- To inculcate the spirit of leadership.
- To make them cognizant of the prominence of sports in routine life.
- To improve social and discipline skills of the B.Ed. interns.

3. The Context:

Games and sports are the paramount part of the extra-curricular activities of education. Gaming is an indispensable activity of every educational institution. It is indispensable in the sense – sport is a part of play; and, the inborn play nature of a child and the sports are inextricably link with each other. Without games and sports, school or college education will go handicap. As such, our college organizes sports meet obligatorily once as per the academic programme in a calendar year. It is a momentum duration of joy and jubilation; and an enthusiastically awaited relaxing time interval from toils of boring bookish engrossment and endless tiresome homework at school and at home respectively. So, organizing sports at educational institutions is as important as that of class activity.


Principal
G.T.B. Khalsa College of Education
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Sports meet plays a vital role in identifying the many sports talented students that it paves the way for choosing a career in sports if one wishes so. So, our college provides a wonderful opportunity and platform for the students to diagnose their talents in various disciplines of games and sports. As has been mentioned earlier, sports means play. So it gives a great privilege for the teachers to study the students' temper and their reactions with the fellow beings while in play that it helped them diagnose their associative psychologies with the outside world. On top of this, teachers could understand students who love sports and who do not, and so could categorically segregate students into groups of sportsmanship and none sportsmanship. Therefore, to fulfill all these essential points, our college organizes annual Sports Meet and now we have discussed to consider it the innovative practice of the institution as we are following this practice for past years.

4. The Practice:

The date of the Sports meet is decided to conduct it in a favorable way. Duties are assigned to the staff members and students. All the interns give their names to the activity incharge for the participation in a particular game. They get time for their preparation and enhance their competitive sense. All the necessary arrangements are done a day prior. On the day of the meet all the students and faculty reach the college on time to start the programme. The sports meet commences with hoisting the Flag by the Chief Guest and chanting the college shabad. March past is done by the students of the different houses of the college.

Oath is taken by student head of the college. Various events are undertaken by students on the day like 100 M Race, 200 M Race, Sack Race, Discus Throw, Long Jump (Girls and Boys), Shot Put and Tug of War. All the participants are cheered by their peers and motivated by the principal. Winners are awarded by the Guest of the day, members of GTB Educational Trust and the Principal of the college. Among three houses Overall and Runner up trophy is awarded to the house whose greater number of students has got remarkable positions in different games. Moreover, Best Athlete female and male is also honored.


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5. Evidence of Success:

Annual Sports meet provides students a platform to show their sports capabilities. In the college student interns are taught the leadership and organizational skills which they practice during their internship program by organizing activities of different kinds. There are some students who have not never participated in any kind of sports activity but in this event, they participate on compulsory basis.



Cupra

Principal
G.T.B. Khalsa College of Education
Dasuya, Distt. Hoshiarpur 144205



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G.T.B. Khalsa College of Education
Dasuya, Distt. Hoshiarpur 144205



6. Problems encountered and Resource Required:

Organizing Sports meet requires abundant efforts and resources. There is less time to spend on CCA activities. Moreover, it is arduous to push the students for the activity participation. Funds are essential to celebrate and organize things. We organize annual sports meet with all the resources we have...

7. Notes (Optional):

- More participation will be ensured.
- More games will be added.
- Students will be motivated to participate in other games also.

C. K. V.
Principal

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